

## 7.2. Best Practices

### # Best Practice 1

#### 1. Title of the Practice

**‘Clean Campus Clean Self. Green Campus Green Mind’**

#### 2. Objectives of the Practice

A traditional saying goes like this: “Cleanliness is next to Godliness.” Hence is the need for keeping the institutional environment clean. A clean environment means piling of lesser amount of garbage and timely cleaning of the surrounding that leads to a better growth of greenery around the campus. The cleaning of the campus thus results in the growth of a physically sound and mentally energetic generation of human beings among students and other stakeholders of the College. If practised by the students and other stakeholders of this institution, the habit of cleaning the campus will inculcate among them an environmental awareness and will develop as a good habit that will continue even after they leave the campus and thus it will ultimately lead to a betterment of the world through the clean selves and green minds of the budding young generation.

#### 3. The Context

In contemporary world the rapid urbanization and economic globalization leads to speedy extinction of greenery. The receding Nature is taking away all the biodiversity with her. This dire situation calls for the reduction of the use of plastics and fumes of motor vehicles. All these issues are continuously challenging the environment of our Mother Earth. Moreover, the constant piling up of garbage within and outside the college premises may lead to the growth and transmission of infectious diseases. All these problems were addressed through the drive of ‘Clean Campus Clean Self, Green Campus Green Minds’ that the college administration has undertaken.

#### **4. The Practice**

The college administration has installed multiple waste-bins at different corners of the college so that no garbage is thrown here and there in the college campus and its surroundings. With the help of the students of NSS, the college administration cleans the entire college campus on weekly basis. This practice of cleaning the campus initiated by the college complements the National mission of 'Swaccha Bharat' run by the Govt. of India throughout the country and thus it contributes to the greater National drive towards cleanliness. The college emphasizes on the issues of Environment and Sustainability in the present college curriculum. The syllabi of Botany, Zoology, and Geography focus on climate change and environmental issues. Apart from the above curricular drives the institution conducts regular seminars, sensitization programmes and special lectures on these issues through the various bodies particularly assigned for the same. The UG Part-III and semester-I students have to study a full paper along with a project on Environmental Studies. Implantation of saplings is done on various occasions throughout the year. The NSS wing of the institution propagates the motto of 'Clean Campus Clean Self, Green Campus Green Minds' among the staff and students. In 2017 NSS conducted Swacchata Paksha Abhiyan, students participated in Essay and Film Competition on Swacchata.

#### **5. Evidence of Success**

The College has succeeded in keeping its campus clean and green. At the same time initiative has been taken to make the campus free of plastics and fumes of vehicles by promoting the use of bicycles. The installing of water purifiers at different corners of the college campus could be counted as a part of this drive as well, because the availability of pure drinking water wards off water-borne infections. The results indicate the growth of personal cleanliness and environmental awareness among the staff and students of the institution.

#### **6. Problems Encountered and Resources Required**

The college initially needed to campaign among its staff and students to inculcate awareness regarding cleanliness. Later it took initiative to construct cycle stands and install waste-bins with the help of Rampurhat Municipality. Saplings implanted in different places were destroyed by animals and others. Measures had to take to guard the saplings to make the campus green. Resources were allocated to carry on the practice.



## **# Best Practice 2**

### **1. Title of the Practice**

**'Sanitation for All: Installation of Sanitary Pad Vending Machine for Women'**

### **2. Objectives of the Practice**

Rampurhat College is a co-education college and hence it has to keep an eye on the campus facilities of both male and female students. The like the male students the female students also travel a long way from adjacent subdivisions and neighbouring villages to study in this institution and they face physical discomforts during menstruation. Keeping this in mind the college administration has arranged for a supply of sanitary napkins in exchange of a very small amount of charge.

### **3. The Context**

In contemporary academic world male and female students are supposed to be treated with equal importance and are provided equal rights and facilities. Menstruation has been a topic of social taboo till today in Indian society, which causes women a lot of embarrassment, especially in public space. Physical discomforts of a woman are things not to be discussed publicly and often laughed at till today. Under these circumstances, the stance taken by the college to provide sanitary napkins through a vending machine is a bold and sensible step towards the empowerment of women. In this way the college provides service to all female students as well as female staff-members of the institution. At a larger context this stance of the college goes in consonance with the 'Beti Bachao Beti Padhao' mission adapted by the Govt. of India and it also complements the National drive on 'Swacchata'. The Sanitary Pad Vending Machine meets the requirement of female students very well.

### **4. The Practice**

The Institution has a well-equipped Common Room for its female students. It is strategically located right beside the Teachers' Room to inspire a spirit of protection and safety. Washroom is provided inside the common room. The Common Room has a water purifying unit for drinking water. To further help its female students, the institution has installed a vending machine for sanitary napkins for its female students at the Common

Room itself. The machine supplies sanitary pads, which can be accessed by female students in exchange of a very small amount of charge. The female students can operate the machine on their own and meet their requirement without asking someone.

#### 5. Evidence of Success

The female students and staff members of this institution are hugely benefitted by the machine and they are comfortable with the self-service mode of this machine. The machine is successfully running till date.

#### 6. Problems Encountered and Resources Required

The college faced initial problems regarding funding and space of installation (where to put the machine). However it soon got over these minor issues and accommodated the machine within its campus and girl students are using is willingly.



*Ramkrishna*  
Teacher-In-Charge  
Rampurhat College  
(Govt. Spons.)